



Iran University of Medical Sciences

Ghana-IUMS project

Project manager: Vice-Chancellor office for international affairs of Iran University of Medical Sciences

Title: Sleep diseases workshop

Final achievements/outcomes:

1) Familiarity with:

- Normal physiology of sleep
- Types of sleep disorders in different age groups
- The importance of sleep disorders in different age groups
- Sleep laboratory
- Diagnostic and treatment methods of sleep disorders
- Indications and contraindications for diagnostic methods of sleep disorders
- Complications and treatment of complications caused by sleep disorders
- Emerging methods in the diagnosis and treatment of sleep disorders

2) Ability to do:

- Different types of diagnostic methods for sleep disorders
- Treatment methods for various sleep disorders

Course Duration: one week

Target groups: General Doctors, internal specialists - anesthesiology - occupational medicine - psychiatry - neurology – ENT

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